



LIFE Clinical Service Expansion

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My Background

- Owner and Clinical Director of Compass Behavioral Solutions, LLC
- Board Certified Behavior Analyst (BCBA)
- Licensed Applied Behavior Analyst (LABA)
- Began consulting at LIFE in June 2018

Clinical Expansion

- This is a unique opportunity.
- Services can be provided seamlessly with the all other LIFE services.
- LIFE staff that work with the individual will be leveraged as part of a natural support network.
- Families will be leveraged as part of a natural support network.

Clinical Definition

- Having to do with the assessment and treatment of clients

Therapy Definition

- A treatment that helps someone develop skills to make them more competent, effective, and efficient in specific areas and to improve their life satisfaction.

Skill-Based Definition

- Learning to exhibit new behaviors or skills. Learning to do something you were not doing before therapy or not doing effectively.

Generalization-Focused Definition

- Therapy that focuses on not just learner to exhibit new behaviors or skills, but learning to exhibit these new behaviors and skills across different environments., people and times.

Clinical Services

- Services derived from an assessment of the individual that involve the implementation of skill-based therapy with a focus on generalization of skills as an outcome.

Paradigm Shift

- We move away from a paradigm of reacting to immediate crises and problems.
- We move away from a paradigm of treating labels.
- We move away from a paradigm of over accommodating and modifying those we support.

Paradigm Shift

- We move to a paradigm of proactive individualized treatment that focuses on developing skills that increase independence and improve the quality of life of the individual.

Skill Examples/Domains

- Flexibility
- Coping Skills
- Executive Functioning Skills
- Self-Management Skills
- Self-Awareness Skills
- Goal Setting Skills
- Problem Solving Skills
- Context Specific Skills
- Emotional Self-Regulation Skills
- Organization Skills
- Social Skills
- Self-Advocacy Skills

Skill Examples/Domains

- Skills of Daily Living
- Community Skills
- Vocational Skills
- Language Skills
- Conversational Skills
- Empathy Skills
- Independence Skills
- Self Care Skills
- Listening Skills
- Reduction of Interfering Behaviors -
always with and through collateral
skill development
- And many more

Clinical Services

- Comprehensive Skill Based Assessments
- Functional Behavior Assessments (FBA)
- Social Skills Group Training
- Individual Social Skills Instruction With Naturalistic Coaching

Clinical Service Areas

- Cognitive Behavioral Therapy (CBT)
- Family/Support Staff Training
- Individualized Positive Behavior Support Plans
- Individualized Skill Acquisition Plans
 - Coping Skills
 - Executive Functioning Skills
 - All skill domains

Clinical Service Delivery

- Delivered through and guided by research and evidence-based practices.
- Goals are always skill based.
- Treatment is positive and strength based.

All Services Will...

- Utilize written plans
- Include written goals
- Utilize objective data methodologies
- Include training, support and active involvement of support staff and/or families.

How is Treatment Delivered?

- Treatment plans will be overseen by the BCBA
- RBT's and ABA therapist's will deliver treatment under guidance and supervision of the BCBA
- BCBA and LMHC will lead social skills groups
- LMHC will conduct CBT with BCBA guidance and supervision on developing natural environment treatment procedures/plan.
- Natural supports will be trained to bolster and generalize the treatment goals

Treatment Consists Of

- Specific skill targets
- Positive Reinforcement
- Chaining
- Prompting/Fading
- Shaping
- Generalization
- Maintenance
- Role play
- Systematic exposure
- Data with visual display
- Leveraging community supports
- Written treatment plans
- And more...

Treatment Structure

- Individual
- Groups
- Mix of both

Leveraging Community Supports

- Families
- Life Staff
- Work Site Staff

Levels of Clinical Services

- Tier 1 Clinical Services (included in most current services)
- Tier 2 Clinical Services (fees apply)

Tier 1 Services

- LIFE Staff Team and the family complete a written summary of the areas of concern and complete a questionnaire to provide to the Board-Certified Behavior Analyst (BCBA).
- LIFE Staff Team receives a consult from BCBA including but not limited to an interview and an observation.
- LIFE Staff Team and family receive a follow up consult from BCBA with written recommendations for basic interventions.

Tier 1 Services

- If BCBA recommends Functional Behavior Assessment, other assessment (ex. functional/adaptive skills assessment), further evaluative measures, development of a behavior support plan, development of skill acquisition plan and/or other clinical services then these could be accessed through Tier 2 services.
- Tier 1 services will be provided up to 5 hours.

Tier 2 Services

- Fees apply
- These services can be initiated directly by the parent/guardian or as a result of recommendations made through Tier 1 Clinical Services.
- To initiate services, contact Cheryl Evans at 508-418-5666.
- LIFE will review the specific concerns of/with the parent/guardian and discuss the clinical service provision process.
- Parent/guardian will provide consent for individualized comprehensive assessment.

Tier 2 Services

- Based on the individualized assessment, a written service plan overview and funding plan will be provided to and reviewed with the parent/guardian.
- Parent/guardian consent for specific clinical services.
- Implementation of individualized treatment plan.
- Regular review of plan and progress with parent/guardian.

Tier 2 Service Examples

- Example 1: Home Independence Skills
 - Initial assessment and treatment development
 - 1 hour of BCBA supervision/oversight per week
 - 7 hours of direct services with RBT implementing plan

Tier 2 Service Examples

- Example 2: Social Engagement and Conversation Skills
 - Assessment and treatment plan
 - 1 hour of clinician led group social skills per week

Tier 2 Service Examples

- Example 3: Executive Functioning Skills
 - Assessment and treatment plan
 - 1 hour of BCBA supervision/oversight per week
 - 5 hours of direct services with RBT implementing plan

Tier 2 Service Examples

- Example 4: Self-Management Skills
 - Assessment and treatment plan
 - 1 hour of with direct services from BCBA (with staff present)
 - 3 hours of direct services with RBT implementing plan
 - 30 minutes of direct consult from BCBA with staff every two weeks

Funding Options for Clinical Services

Insurance Services

- Individuals with a diagnosis on the autism spectrum may be eligible to use health insurance toward payment of some of the services. Coverage varies by insurance. Mass Health does not cover ABA therapy for adults.

Private Pay Services

- Fees will vary based on individual needs and service plans. Fees will be reviewed during initial Tier2 parent/guardian conversation

In Closing

- We are building on an already best in class organization to become a best in class clinical provider.

The result of this is not only improved skill development across all domains but most importantly increased happiness for the individual and access to all LIFE and life has to offer.

Thank You

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